



NEWSLETTER JULY 2024

NEW APPOINTMENT SYSTEM

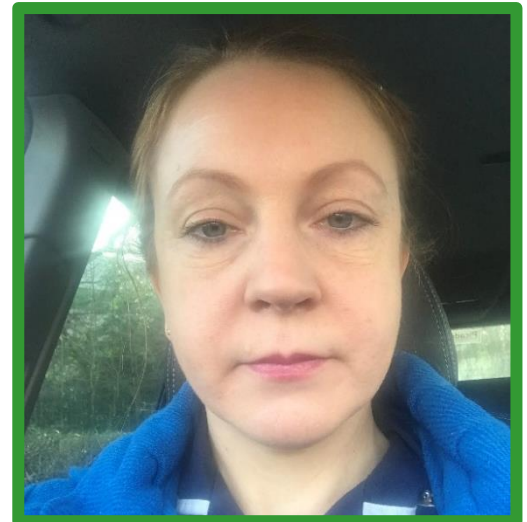
As we are working to move to 'Modern General Practice', we have been reviewing and redesigning our processes in the surgery, one of which being our appointment system.

We have recently introduced a new system called Sit & Wait. This means that when you request an urgent on the day appointment, you will be given a time slot to attend the surgery, and patients will be seen by one of the "Duty Team" in order of clinical priority. This may be a GP, a physiotherapist, or an Advance Nurse Practitioner prescriber.



PRACTICE NURSE – SHELLY

We are delighted to introduce our Practice Nurse, Shelly to the St Peters team! Shelly Macgregor joined us in February 2024 and offers nursing appointments all day on Wednesday and Thursdays. She began working as a carer with the elderly aged 16 and then in 1998 trained as a nurse in Southampton. She also trained as a midwife where she delivered many babies and worked on the high-risk PAH team for 10 years. 26 years years later, she is still nursing which she continues to enjoy. Shelly has worked as a practice nurse for over 10 years now. When she is not working, she enjoys music and band and keeping fit of every variety. She was a keen gymnast for years but no longer competes as she prefers yoga and dance nowadays. She also enjoys time with friends, her husband and three sons.



TRAVEL VACCINATIONS

In addition to Shelly's many skills, she also runs our travel service. If you require travel vaccinations, contact reception for further information and please ensure to leave plenty of time before your departure to contact us to enquire. You will need to complete a Travel Risk Assessment form, which will be reviewed by our travel nurse who will contact you to discuss your requirements and book any vaccination required.



NEWSLETTER JULY 2024

FOOD BANK

Please give generously to help others. Our **food bank** basket is located at the entrance of the surgery before you enter reception.

All donations are collected for the Oasis Community Pantry. This is one of a growing number of community food projects across the UK, supplying low cost, high quality surplus food each week to local residents. They have partnering with Plus You Ltd and The Big Difference, who work to reduce the amount of food sent to landfill by providing a way to match up surplus, in-date food with individuals and families on low incomes. They are also being supported by Tesco, Aldi and the Co-Op and two Oasis academies on the East of Southampton.

We send our many thanks and appreciation to all those who have donated already!

 Front entrance

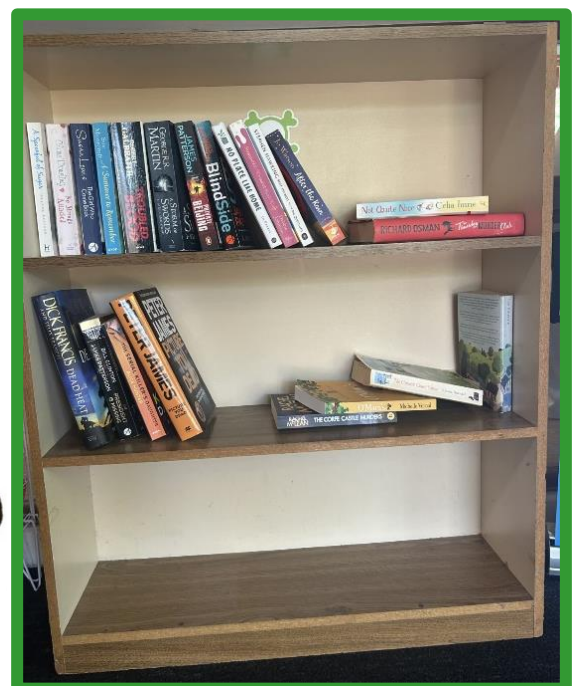


BOOK SWAP

In response to a request from a patient, we have a brand-new **book swap** station next to our food bank at the front entrance. It is available for anyone to use, feel free to come down to the surgery to take a look!

The aim is to also include jigsaws.

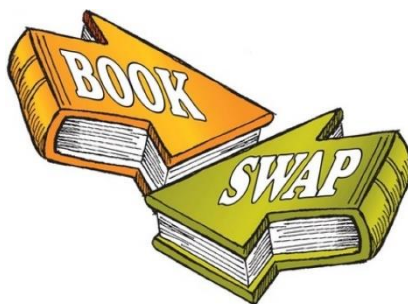
 Front entrance



BRING A BOOK,



TAKE A BOOK!





NEWSLETTER JULY 2024

NEW MEMBER OF THE TEAM!

We have recently welcomed a new member to our practice team:

John – our surgery Gardener

John has been working extremely hard and continues to keep the surgery's garden and surrounding areas in pristine condition! He has made a significant difference already and we are very thankful for his continued hardwork.



Back garden



INCREASING ACCESS - STAIRLIFT

As our service expands, we have renovated some rooms upstairs for additional clinical space, so we have installed a stairlift with help of Ableword Mobility & Stairlifts, Woolston, Southampton.

This is located at the back entrance stairs and is available for any patients who require this to get upstairs to access further clinical rooms.

Please let reception know if you need to use the stairlift and they will be more than happy to help you.

